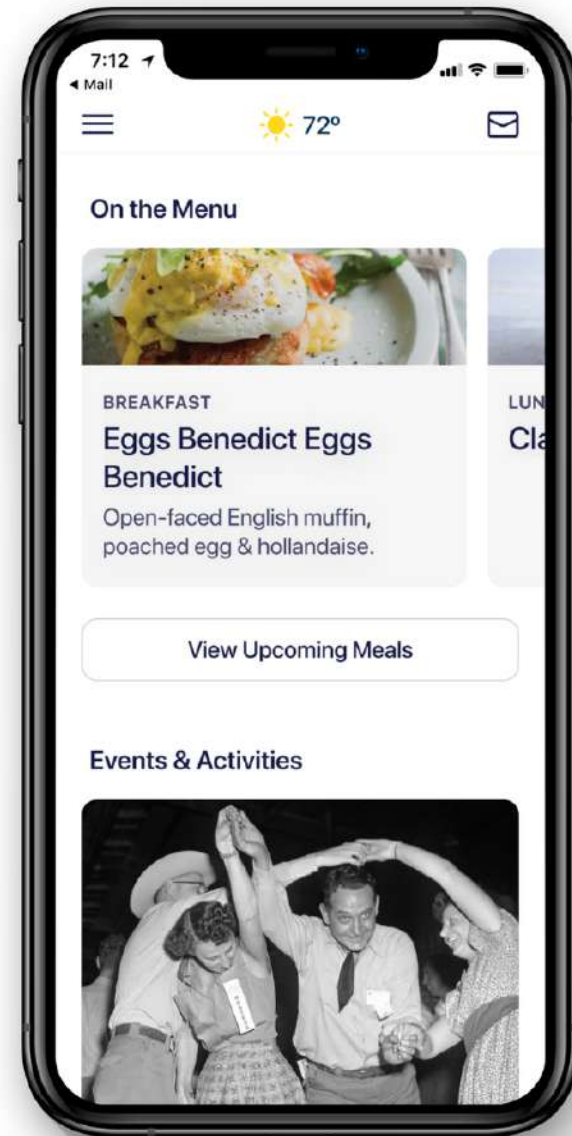


Download the new mobile app for Carver Ridge Senior Living

- View upcoming activities and events
- See what's on the menu each day
- Access common resources
- View and share community photos
- Receive emergency alerts & updates
- Check the local weather in Carver, MN



Access Quiltt for iOS, Android, and desktop

<https://get.quiltt.com/org/IOLWK>

Enter code IOLWK after opening the Quiltt app for the first time.



Our Community Newsletter November 2025

Poem of the Month

"November" by John Clare

Sybil of months, and worshipper of winds,
I love thee, rude and boisterous as thou art;
And scraps of joy my wandering ever finds
Mid thy uproarious madness—when the start
Of sudden tempests stirs the forest leaves
Into hoarse fury, till the shower set free
Stills the huge swells. Then ebb the mighty heaves,
That sway the forest like a troubled sea.
I love thy wizard noise, and rave in turn
Half-vacant thoughts and rhymes of careless form;
Then hide me from the shower, a short sojourn,
Neath ivied oak; and mutter to the storm,
Wishing its melody belonged to me,
That I might breathe a living song to thee.

Resident Birthdays

11/3 Dona T.
11/4 Diane U.
11/7 Sandy L.
11/10 Dick K.
11/21 Richard F.

Staff Birthdays

11/1 Evelyn B.
11/5 Huria S.
11/5 Joan S.
11/10 Nanci H.
11/19 Piper W.
11/20 Faith T.

Staff Work Anniversaries

Joan Z. - 5 years
Kannitha L. - 3 years
Eva D. - 2 years
Vivian M. - 2 years
Evelyn B - 2 years
Bivon - 1 year
Kristin C. - 1 year
Jessica F - 1 year
Karmen K. - 1 year

Resident Move-in Anniversaries

Brian V. - 11/7 - 1 year
Bob G. - 11/25 - 1 year

Welcome New Residents!

No new residents at time of print,
but be sure to welcome the folks
that have moved in over the past
couple of months!



Scan to Share Your Experience!

Lifespark
Senior Living

Your feedback matters! Take a moment to let us know how we're doing by scanning the QR code below.

SCAN
ME



01

Scan the QR
Code with
smart
phone

02

Select number of
stars to give

03

Submit
Feedback



Department Updates & Reminders

Community Life

Switching things up a bit - On the November calendar, there will be a few additions and changes to look for:

Every Thursday afternoon from 1-4pm the craft room will be open for a quilting/sewing group. Our new resident Joan R (room 216) is hoping to get a small group of people together to quilt, sew, and socialize. Come down and say "hi!" You don't have to stay the whole time-come and go.

Saturday/Sunday mornings: Bean bag toss is going to be moved to Saturday mornings. Sunday mornings will be focused on streaming church services. The opticon will be utilized to stream St. John's Lutheran Church (from Chaska) services at 10:30am.

The Bond Between - Carver Ridge is happy to share that starting in November we will be receiving visits from pet volunteers! Come get some love from our furry friends every other Saturday morning at 10:30. See calendar for specific dates.

Sunday afternoon - Every Sunday afternoon around 1:30 popcorn will be served in the pub and stick around for a short, educational show on a different topic. See calendar for the specific theme each week.

Front Desk

Holiday Season - You and your loved ones are welcome to utilize the various community rooms for any gatherings you have planned. Please contact the front desk to reserve a space at no cost! Spots are filling up fast, so reserve your desired space ASAP.

Signing out - For each major holiday a signout sheet will be at the front desk. Please let us know how long you will be out of the building so we can plan medications and meals around your absence.

Marketing

Holiday Market - It's that time again! Holiday craft fair will be happening Saturday November 15th from 10am to 1 in the first floor lobby, community room, and bistro area. Get a head start on your holiday shopping!

Excerpts from A Prayer for Veterans Day by David Abernathy
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Our God and God of our ancestors, we ask for your blessings for America's veterans, the dedicated men and women who have served our country in uniform, and for all those who serve today. Let those who made the ultimate sacrifice for the cause of freedom rest in peace, honored by a grateful nation. Heal those injured in service to our country, whether their wounds are of body, mind or spirit. Remember the parents, partners, children, other family and friends of all who served: the ones who sacrificed alongside them, missed them when they served far away, and bore the heavy burden when they were wounded or gave their lives for our country. May it be Your will also that we strive every day to give our veterans and servicemembers the greatest possible reward for their service – a world secure in freedom and at peace. And let us say Amen.



Be the Star of Your Next Health Care Visit

Have you ever left a doctor's appointment feeling rushed or unheard? You deserve to be the star of every health care visit, not just a supporting character. Your concerns and questions should be the primary focus, and you have the power to take control of your health care experience.

Top Tips to Shine at Your Appointment

1. **Prepare Your Questions:** Before your appointment, write down any symptoms, concerns, or questions you want to discuss. This ensures nothing important is forgotten.
2. **Bring Support:** Consider inviting someone you trust to join you and take notes. They can help you remember key details and provide emotional support.
3. **Access Your Medical Records:** Use tools like the Lifespark Member Portal to track your test results, care plans, and medications. Staying informed helps you make better decisions. Not sure how to access this, ask your team for guidance.
4. **Stay Connected:** Confirm with your provider the best way to contact your health care team between appointments. This way, you're prepared if urgent needs arise.

Lifespark In-Home Primary Care Spotlights You

Clinic visits can feel rushed, but with Lifespark's in-home primary care—especially for older adults—you get longer, more personalized appointments. Our geriatric experts come to you, ensuring your concerns are heard and addressed in the comfort of your home. And if you need more urgent support, instead of going to a clinic or ER, our Mobile Urgent Responders can come right to you too.

Take the Next Step

Ready to take control of your health care experience? Contact Lifespark today to learn more about our in-home primary care options and how we can help you shine at every visit.